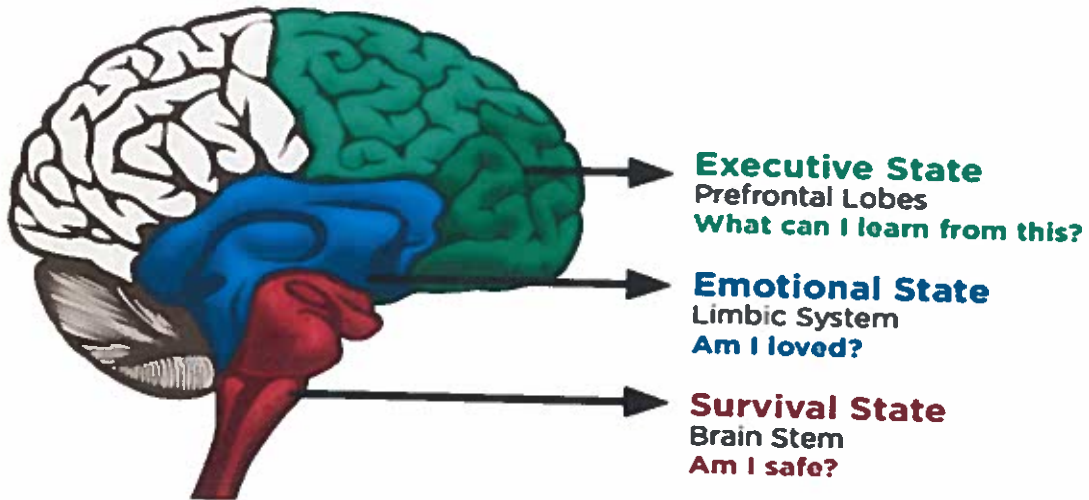


Brain States



| When child does this: | It communicates this: | Tool or skill I am willing to implement |
|--|--|---|
| <p>Hitting, pushing, kicking, biting hiding, temper tantrum, screaming, running away, head banging, throwing or breaking items, self-injury, withdraw, giving up, daydreaming</p> <p>(Anything physical)</p> | <p>Survival State</p> <p>"I need Safety."</p> | <p>Noticing (Your __ is going like this.) Assertiveness (adult) Routines in pictures Composure (S.T.A.R) Safe language / safe place</p> |
| <p>back talk, verbal aggression, blame, name calling, clingy, attention seeking, guilt, perfectionism, social exclusion</p> <p>(Verbal)</p> | <p>Emotional State</p> <p>"I need connection."</p> | <p>Rituals Encouragement "You've got this" Jobs Empathy "You seem ____." Choices The School Family</p> |
| <p>Tends to focus on what don't want first, willing and ready to learn a new skill, able to reflect and plan, sees impact on others</p> | <p>Executive State</p> <p>"I need problem solving."</p> | <p>Solutions (class meeting, time machine) Positive Intent "You wanted ____." Assertiveness (child) Consequences Executive skills</p> |